



## Webinars 2020

Mobility Research inviterer til LiteGait Tips & Tricks Webinar. Webinarerne gælder for praktiserende brugere, nye brugere, ikke-brugere, alle der ønsker at vide mere om LiteGait. Få en smagsprøve på, hvad vores continuing education program kan tilbyde.

Disse planlagte webinarer præsenteres af vores Europa-træner, der vil være med under og efter. Webinaret er forud indspillet med vores amerikanske undervisere, inklusive patientbehandlinger, det efterlader deltagerne med ideer, tips og tricks til at tage med hjem og anvende i deres daglige praksis. Hvert webinar følges op af live spørgsmål og diskussion med vores træner fra Mobility Research.

Det er muligt at deltage i 1, 2, 3 eller alle webinarerne. For tilmelding bedes du sende dit navn, arbejdssted/afdeling, e-mail og vi fremsender invitation til online webinar. Du kan deltage som du vil, alene eller i en gruppe. Pris pr. klasse DKK. 750,00 vi tilbyder alle klasser gratis resten af 2020. Send dine oplysninger til e-mail: [info@mobilityresearch.dk](mailto:info@mobilityresearch.dk). Webinarerne foregår på engelsk.

**TIPS AND TRICKS** Pre-Recorded: Dedicated to the ongoing education of LiteGait users. It is to provide instruction to new users, updates to veteran users, re-energize the occasional user, and empower the everyday user. The instructor: **Kayli Morgan, PT, MS\*** read more about the instructor at the end of this invitation

**CASE REPORT** Pre-Recorded: Clinicians present clinical cases of varied patient scenarios using LiteGait. Specific cases will relate to patient diagnoses or to a specific targeted outcome. The instructor: **Ariana Seif PT, DPT, NCS\*** read more about the instructor at the end of this invitation

## Program & content

The same presentation is scheduled 2 times a day, an early and a midday presentation.

### Tuesday 29<sup>th</sup> of September 2020

08.00 **LiteGait for Neuro Patients: Problems & Solutions** 90 minutes

12.00 **LiteGait for Neuro Patients: Problems & Solutions** 90 minutes

**Recorded: Tips and Tricks**, getting back to the basics, this session will provide the LiteGait user with tips for productive ways to facilitate improved gait quality and quantity. Join us for this tutorial on the many ways we can intervene to find solutions to common issues.

**Live: Questions and open discussion**

### Tuesday 20<sup>th</sup> of October 2020

08.00 **Treadmill Training with a Twist *Challenging neuro patients in all directions*** 55 minutes

12.00 **Treadmill Training with a Twist *Challenging neuro patients in all directions*** 55 minutes

**Recorded: Case report**, Training clients to face real-life challenges to their gait and balance can be difficult to perform safely in the clinical setting. Join Ariana as she demonstrates interesting and challenging but safe treadmill training options for patients in the LiteGait® environment. Dynamic gait challenges, quick direction changes, and more can be accomplished without compromising patient safety. If you are seeking new "twists" for your outpatient neuro clients, this session will be just what you are looking for.

**Live: Questions and open discussion**



### **Tuesday 24<sup>th</sup> of November 2020**

08.00 **LiteGait for Stroke Recovery: Tried and True Methods for Improving Mobility after CVA** 100 minutes

12.00 **LiteGait for Stroke Recovery: Tried and True Methods for Improving Mobility after CVA** 100 minutes

**Recorded: Tips and Tricks**, Of all the published research on body weight supported treadmill training, no other diagnostic group has received more attention than CVA. We know using LiteGait to support stroke survivors is effective, but that doesn't mean it's always easy to implement. This webinar provides tips and tricks to help the clinician effectively and efficiently set up and treat patients during stroke rehabilitation, whether acute or chronic.

**Live: Questions and open discussion**

### **Tuesday 15<sup>th</sup> of December 2020**

08.00 **Maximizing LiteGait Effectiveness in Inpatient Rehab** 95 minutes

12.00 **Maximizing LiteGait Effectiveness in Inpatient Rehab** 95 minutes

**Recorded: Tips and Tricks**, Inpatient rehab clinicians often have just a handful of days to make a difference and keep patients progressing in the right direction. These tips will help to optimize your therapy time with them by maximizing LiteGait effectiveness. Tips & Tricks sessions include photos and videos to enhance learning and are suitable for new and veteran LiteGait users.

**Live: Questions and open discussion**

The instructor: **Kayli Morgan, PT, MS**, is the Clinical Education Supervisor at Mobility Research where she interacts with LiteGait users daily to offer advice, assistance, and additional education on PWB-GT and LiteGait use. She acts as a liaison for both LiteGait customers and LiteGait Trainers. She received her Master of Science in Physical Therapy from Texas Woman's University in Dallas in 1999. She has a wide variety of clinical experiences, including acute care, subacute care, skilled nursing care, long term care, outpatient, and home health. She has utilized LiteGait in both inpatient and outpatient settings since being introduced to partial weight bearing gait therapy concepts in 2001. In addition to LiteGait trainings, she presents the LiteGait Therapy: Clinical Tips & Tricks webinar series for Mobility Research.

The instructor: **Ariana Seif PT, DPT, NCS** received her BS in Kinesiology from Barrett Honors College of Arizona State University 2011. Honors thesis "Effects of Exercise on the Gait of Students with Intellectual Disability", Ariana then received her Doctorate in Physical Therapy from USC in 2014. She is a licensed therapist in AZ and passed the NCS exam in 2018. Ariana presently works at HonorHealth Osborn in outpatient. She also works weekends in an acute rehabilitation hospital. Her area of expertise is neurological and vestibular rehabilitation. She has been a certified LiteGait therapy clinical trainer since 2014. Other interests include everything to do with her pup Lincoln.

